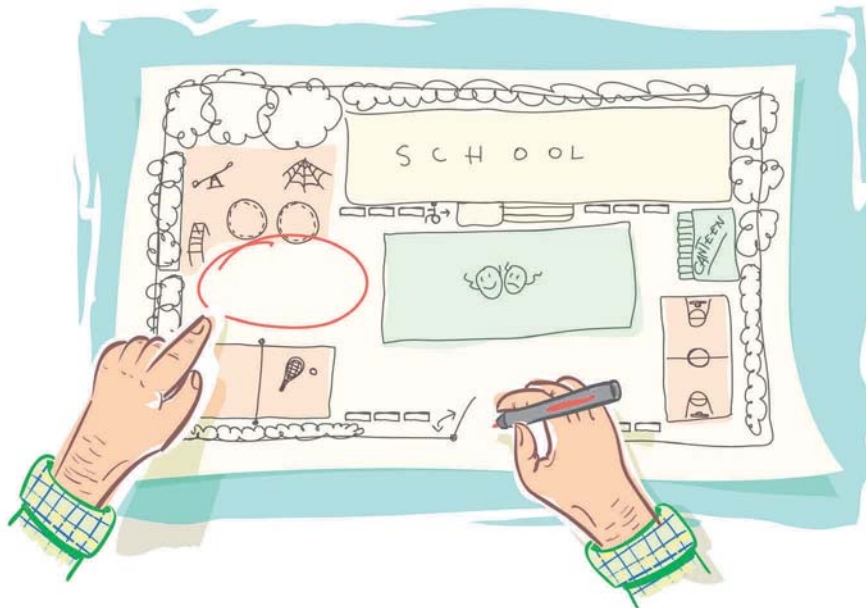


Active school
Becoming aware of the potential of my school as a place of 'living and active health'.

First you prepare a drawing of the school with all the outside places including plants, stairs, walls, covered places etc. according to the way your school looks now. Then, consider the following:

- What could easily be improved?
- Are there places, corners, stairs that could become places of physical activities?
- Where are the places, where physical activities already occur?



Distribute empty plans to teachers and students.

Organize a photo and picture competition and an exhibition and collect as many ideas as possible.

- Little money needed.
- As participatory as possible.
- With the support of all (students, teachers, parents, neighbors, staff).

And then: proceed from the plan to reality!

