Communication

Forms of communication

Verbal:
- press releases
- letters
- emails
- facebook
- reports
- regulations
- website
- twitter
- sms / whatsapp
- agenda minutes

Non-verbal:
- What does my voice convey? (pitch, volume, tone)
- What do my eyes see and select?
- What does my body say?
- What does my facial expression convey?

What is my COMMUNICATION PROFILE?
What DO I HATE MOST?
What DO I LIKE MOST?
What DO I USE MORE?